

## get to know us

The Alzheimer's Association is the nation's largest voluntary health organization in Alzheimer's care, support and research.

Locally, we have provided support services to individuals and their families living in Ashtabula, Cuyahoga, Geauga, Lake and Lorain counties since 1980.

### our mission

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

### our vision

A world without Alzheimer's disease.

## contact us

### Cleveland Area Chapter

1.800.272.3900

[www.alz.org/cleveland](http://www.alz.org/cleveland)

#### Five Offices to Serve You

#### Central Office

23215 Commerce Park Dr., Suite 300  
Beachwood, Ohio 44122  
216.721.8457 • Fax: 216.831.8585

#### Ashtabula Office

4632 Main Avenue  
Ashtabula, Ohio 44004  
440.998.6750

#### Avon Office

38440 Chester Road  
Avon, Ohio 44011  
440.934.7750

#### Chardon Office

12555 Ravenwood Drive  
Chardon, Ohio 44024  
440.279.2143

#### Mentor Office

8522 East Avenue  
Mentor, Ohio 44060  
440.974.7785



<http://www.facebook.com/alzcleland>

<http://www.twitter.com/alzcleland>

<http://alzcleland.blogspot.com>

### Donate

The Alzheimer's Association is a non-profit organization dependent upon individual donations. Your gift makes a difference in the lives of families living with Alzheimer's. For more information, visit our website or call 216.231.1333.

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## cleveland area chapter



## know the numbers

### Alzheimer's Disease Facts & Figures

#### take the time

#### spread the word

Alzheimer's disease is the largest underfunded public health threat facing our nation today, and it's growing at an epidemic rate.

- 5.4 million Americans are now living with Alzheimer's.
- Alzheimer's is the 6th leading cause of death.
- Alzheimer's is the only disease among the top 10 leading causes of death in America that cannot yet be prevented, cured or even slowed down.
- Since 2000, death rates from other major diseases have dropped, while death rates from Alzheimer's have risen 66%.
- Every 69 seconds, someone in America will develop Alzheimer's.
- The number of caregivers supporting those with the disease—often at a tremendous emotional, physical and financial cost to them—is also rising. In 2010, caregivers in Ohio provided more than 666.5 million hours of unpaid care valued at \$7.9 billion.

#### we can help

alzheimer's  association®

the compassion to care, the leadership to conquer®

## what we do & who we help

## we are here for you

The Alzheimer's Association Cleveland Area Chapter serves a five-county area of Northeast Ohio. We offer many programs and services to the more than 40,000 individuals in this area suffering from memory loss—as well as those who care for them. Nearly all services are provided free of charge. Call us to get started.

### Helpline: 800-272-3900

Referral and support service are offered in 140 languages, 24/7. This general service provides information on memory loss, medications, treatment options, safety, caregiving tips, services and guidance on issues faced at any stage of the journey. Call or email us at [helpline@alz.org](mailto:helpline@alz.org). Many resources can also be found online at [www.alz.org/cleveland](http://www.alz.org/cleveland).

### Online Caregiver Coaching

Individualized education, support, guidance and care planning assistance through a secure website at the caregiver's convenience. Register online at [www.alz.org](http://www.alz.org).

### Care Consultation

Individual or family meetings are conducted in person or by phone to identify needs, explore options, increase support and develop a plan of action so the family can move forward together.

### Respite Reimbursement

This program offers financial assistance to help offset some of the expenses incurred while using an adult day service, home care agency, or privately-paid home helper to help preserve the health and well-being of the caregiver. Respite is also available through our "Caregiver in Need" fund that provides financial assistance to caregivers who have an urgent, short-term need.

### Early-Stage Services

This program provides education and support for individuals with Alzheimer's disease or other related memory disorders and their adult children, other relatives and friends. Participants learn ways to effectively live with memory loss.

### Caregiver Support Groups

We offer more than 30 monthly support groups in our five-county service area. Each group is facilitated by a trained volunteer and provides information and support for individuals caring for someone with Alzheimer's disease or related dementia.

### Enrichment Programs

#### Art in the Afternoon

Specially guided tours for individuals with memory loss and their care partners are held at The Cleveland Museum of Art and the Cleveland Clinic.

#### Music Therapy

Sessions and programs available through the Music Settlement in Cleveland.

### Additional Programs

New programming is added periodically. Please check our chapter website for details.

## SAFETY SERVICES

### MedicAlert+Safe Return Identification Program

This nationwide identification, support and enrollment program assists in the identification and return of individuals with memory loss who wander. Benefits include identification materials, registration in a national database, a 24/7 toll-free number to contact, a personal health record and a coordinated outreach to police. There is a one-time fee of \$49.95 and a \$25 annual administration fee.

### Comfort Zone

This is a web-based GPS location management service that tracks the whereabouts of an individual with Alzheimer's disease. Benefits include a 24/7 monitoring center, emergency health record and long distance comfort. Costs vary depending on device and options selected.

Learn more at [www.alz.org/comfortzone](http://www.alz.org/comfortzone) or call 877.ALZ.4850.



## EDUCATIONAL RESOURCES

### Caregiver Education

Regular programming for caregivers provides comprehensive information from professionals in the field of dementia. Classes help caregivers understand the disease and medications, communicate better with loved ones, understand changes in behavior and address legal and financial issues.

### Speakers Bureau

Our trained speakers provide community education programs to senior centers, civic organizations, schools, churches and synagogues – any community organization that is interested.

### Professional Training

Classroom and web-based training sessions are available for front line staff in both long term care facilities and home health care agencies. CEUs can be provided.

## the end begins with you



## join the movement

The Walk to End Alzheimer's™ is our annual community fundraiser that occurs each fall.

Lace up your walking shoes and become one of the more than 2,000 walkers in Northeast Ohio who are raising critical dollars for Alzheimer's support, care and research.

Grab friends, family members and co-workers and form your Walk to End Alzheimer's team.

Find more details and sign up at [www.alz.org/cleveland](http://www.alz.org/cleveland)

